

## ABSTRACT

An extender and method for extending the leg of a ladder can both lengthen and  
5 stabilize the leg of the ladder. The extender includes a first channel shaped and dimensioned to  
receive the leg of the ladder. A second channel is shaped and dimensioned to receive the first  
channel. A first and second members pivotally connect the first channel to the second channel.  
The second channel may be selectively moved from a stowed position wherein the first  
channel is received by the second channel, to an extended position wherein the second channel  
10 outwardly projects from the first channel and resides in substantially co-linear relationship  
with the first member. A lock is selectively connectable between the first channel and the  
second channel to retain the second channel in the extended position. A retainer fixedly  
attaches the extender to a desired position along the leg of the ladder.